

## Useful items to bring/send to Bwindi Community Health Centre

### Medical supplies

Accu-check advantage glucose sticks  
HIV test kits  
Inadine dressings  
MUA set (for suction evacuation of uterus for incomplete miscarriage)  
Non-adhesive dressings  
Nurses scissors round end 5"  
Paraffin gauze  
Pill cutters  
Strong plastic sheeting  
Sutures - 4'0 and 5'0  
Tablet counting triangles  
Theatre gowns/drapes  
Tubigrip/tubinette/netelast  
Vacuum pump (not electric) for vacuum deliveries  
Umbilical cord clamps

### **Medication**

Azithromycin tablets  
Ceftriaxone  
Cloxacillin injections 500mgs  
Fluconazole oral tablets 100,000 units  
Ibuprofen 100mgs/5mls oral liquid  
Metronidazole gel (for dental)

### **Other items**

Hand sanitizer  
Incontinence pads and pants



## **Staff**

Uniform cardigans - navy, red or white

Modern medical & nursing textbooks

Nurses dictionaries

Fob watches

Warm overcoats for nightwatchmen

Wellington boots - all sizes

We have created this list in response to previous volunteers suggestions. We realised that we were having numerous things donated but these were not always things we could use. If you do bring or send any medical equipment or medicines, please do not bring anything which is out of date.

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